

## Covid 19 advice for parents accessing Primary Care

What to do if...	Action needed	Return to school when...
...a child has <b>Covid-19 symptoms</b> .	<ul style="list-style-type: none"> <li>- <b>Inform parents not to allow child to go to school</b></li> <li>- <b>Inform parents to contact school to inform them</b></li> <li>- Self-isolate the whole household</li> <li>- Get a test</li> <li>- <b>Parents to inform child's school immediately about the test result</b></li> </ul>	...the test comes back negative <b>or</b> a period of 10 days has passed since the symptoms started, and the child feels well.
...a child <b>tests positive</b> for Covid-19.	<ul style="list-style-type: none"> <li>- <b>Inform parents not to allow child to go to school</b></li> <li>- Inform parents to contact school.</li> <li>- <b>Agree an earliest date for possible return (minimum of 10 days).</b></li> <li>- <b>Self-isolate the whole household.</b></li> </ul>	...10 days have passed since symptoms began, even if they still have a cough or loss of taste/smell. <i>(These symptoms can last for several weeks.)</i> <b>AND</b> the child feels well.
...a child <b>tests negative</b> .	<ul style="list-style-type: none"> <li>- <b>Inform parents to contact school</b></li> <li>- Advise parents to discuss with school when child can return to school (same day/next day).</li> </ul>	...the test comes back negative and the child feels well.
...a child is ill with <b>symptoms not linked to Covid-19</b> .	<ul style="list-style-type: none"> <li>- <b>Inform parents not to allow child to go to school</b></li> <li>- Advise parents to contact school.</li> </ul>	...after 48 hours following the last bout of sickness or diarrhoea (or as per school attendance policy) and the child feels well.
...someone in the <b>household has Covid-19 symptoms</b> .	<ul style="list-style-type: none"> <li>- <b>Inform parents not to allow child to go to school</b></li> <li>- Inform parents to contact school.</li> <li>- <b>Self-isolate the whole household.</b></li> <li>- <b>Household member to get a test.</b></li> <li>- Advise parents to inform school immediately about test result.</li> </ul>	...the test comes back negative.

<p>...someone in the <b>household tests positive</b> for Covid-19.</p>	<ul style="list-style-type: none"> <li>- <b>Inform parents not to allow child to go to school</b></li> <li>- <b>Inform parents to self-isolate the whole household.</b></li> <li>- Inform parents to contact school.</li> <li>- Agree an earliest date for possible return to school (minimum of 14 days).</li> </ul>	<p>...the child has completed 14 days of isolation and the child feels well.</p>
<p>...NHS test and trace has identified the <b>child</b> as a <b>close contact of somebody with confirmed Covid-19.</b></p>	<ul style="list-style-type: none"> <li>- <b>Inform parents not to allow child to go to school</b></li> <li>- Inform parents to contact school.</li> <li>- Agree an earliest date for possible return to school (minimum of 14 days).</li> </ul>	<p>...the child has completed 14 days of isolation and the child feels well.</p>
<p>...NHS test and trace has identified <b>a household member</b> (other than the child) as <b>a close contact of somebody with confirmed Covid-19.</b></p>	<ul style="list-style-type: none"> <li>- <b>The household member must self-isolate for 14 days.</b></li> <li>- Child can continue to attend school.</li> </ul>	<p>...child can continue to attend school</p>
<p>... a <b>sibling attending another school has been sent home to self-isolate</b> due to there being a positive case in their school.</p>	<ul style="list-style-type: none"> <li>- <b>Sibling must self-isolate for 14 days.</b></li> <li>- Child can continue to attend.</li> </ul>	<p>...child can continue to attend school</p>
<p>... the <b>child has travelled abroad from a country or territory that is NOT on the exempt list of countries.</b></p>	<p>If returning from a destination where quarantine <b>is</b> needed*:</p> <ul style="list-style-type: none"> <li>- <b>minimum of 14 days self-isolation for all those who travelled.</b></li> <li>- <b>Self-isolate the whole household.</b></li> <li>- Inform parents to contact school to inform them that family is back in the country and agree an earliest date for possible return to school.</li> </ul> <p>*<a href="#">Foreign, Commonwealth &amp; Development Office (FCDO)</a> – for up to date travel information</p>	<p>...the quarantine period of 14 days has been completed and the child feels well.</p>



<p>... the <b>child has travelled abroad from a country or territory that IS on the exempt list of countries.</b></p>	<p>If returning from a destination where quarantine is <b>NOT</b> needed:</p> <ul style="list-style-type: none"> <li>- Check the current <a href="#">Exempt countries and territories list</a> to confirm the country you have travelled from or through is on the exempt list.</li> <li>- Inform parents to contact school to inform them that family is back in the country and agree an earliest date for possible return to school.</li> </ul>	<p>... inform the office of child's return to the UK (<i>the office will ask a few questions about travel</i>).</p>
<p>...family member(s) travelled from a country that are required to quarantine (but <b>the child didn't travel</b>).</p>	<ul style="list-style-type: none"> <li>- As long as family do not have / have not had symptoms in the last 14 days, the child can continue to attend school.</li> <li>- The person who has travelled <b>MUST NOT</b> leave the house, including to do pick-ups and drop offs</li> </ul>	<p>...child can continue to attend school</p>
<p>...parents received medical advice that the <b>child must resume shielding.</b></p>	<ul style="list-style-type: none"> <li>- <b>Inform parents not to allow child to go to school</b></li> <li>- Inform parents to contact school.</li> <li>- Shield until informed that restrictions are lifted and shielding is paused again.</li> </ul>	<p>...school inform parent that restrictions have been lifted and the child can return to school again.</p> <p>...parents receive medical advice that the child may return to school.</p>
<p>...the <b>child's bubble is closed due to a Covid-19 outbreak</b> in school.</p>	<ul style="list-style-type: none"> <li>- <b>Inform parents not to allow child to go to school</b></li> <li>- <b>Inform parents the child will need to self-isolate for 14 days.</b></li> <li>- Other siblings may continue to attend school.</li> </ul>	<p>...school inform parents that the bubble will be reopened.</p>
<p>... I am <b>unable to get a test</b> for someone in the household who has symptoms</p>	<p><b>If you are not able to get a test for anyone with symptoms, the symptomatic person must isolate for 10 days from the onset of symptoms and their household should self-isolate for 14 days.</b></p> <p><b>Anyone in your personal bubble (outside of school) must also stay at home if they have had direct contact with the symptomatic person within 48 hours before symptom onset</b></p>	<p>...the child has completed their isolation (14 days of isolation if a contact or 10 days if they are the symptomatic person) and they are well.</p>

